Danish Diabetes and Endocrine Academy

Symposium on Clinical Metabolic Physiology 2026

13 November 2026

Gentofte Hospital
Store Auditorium
Gentofte Hospitalsvej 10A
2900 Hellerup

Programme
Friday 13 November

10:00-10:30	Arrival and light breakfast
10:30-10:45	Welcome and meet & greet Managing Director **Tore Christiansen**, DDEA & **Organising Committee**
10:45-10:55	The Insulin-Sensitizing Role of the Exercise-Induced Metabolite Hydroxyphenyllactic Acid in Obesity and Type 2 Diabetes **Pauline M. Møller**, Postdoc, Department of Biochemistry and Molecular Biology, SDU. (DK)
10:55-11:00	Questions & answers
11:00-11:10	Atlas of whole-body organ-specific glucose metabolism - zooming in on the liver **Julie Bondgaard**, PhD student, Steno Diabetes Center Aarhus, AU, (DK)
11:10-11:15	Questions & answers
11:15-11:30	Discussion moderated by the chair
11:30-11:50	Coffee break
11:50-12:00	Real-time whole body dietary fat metabolism **Natasa Brkovic Zubanovic**, PhD student, Steno Diabetes Center Aarhus, AU, (DK)
12:00-12:05	Questions & answers
12:05-12:15	LEAP2 and appetite regulation **Christian Legart**, MD, PhD Student/PhD Fellow, Center for Clinical Metabolic Research, Gentofte Hospital, (DK)

12:15-12:20	Questions & answers
12:20-12:35	Discussion moderated by the chair
12:35-13:20	Networking lunch
13:20-13:30	Renal metabolism in Diabetes **Charlotte Brinck Holt**, Post Doc, AU, (DK)
13:30-13:35	Questions & answers
13:35-13:45	Can hugging reduce plasma glucose and appetite **Ida Gether**, MD, PhD Student, Center for Clinical Metabolic Research, Gentofte Hospital, (DK)
13:45-13:50	Questions & answers
13:50-14:05	Discussion moderated by the chair
14:05-15:00	Group work Activity
15:10-15:35	Short break
15:10-15:20	The effect of GIP on bone remodeling and cell activity - The GINEBRA study **Tobias M. Windedal**, PhD student, Department of Diabetes and Endocrinology, University Hospital of Southern Denmark, Esbjerg, Steno Diabetes Center Odense (DK)
15:20-15:25	Questions & answers
15:25-16:35	GIP and Bones **Christiane Cordelia Fonnesbech-Wulff Estrup**, Clinical Researcher, Center for Clinical Metabolic Research, Gentofte Hospital (DK)
15:35-15:40	Questions & answers
15:40-15:55	Discussion moderated by the chair
15:55-16:20	Coffee break

16:20-16:50	TBA Associate Professor, **Christoffer Clemmensen,** University of Copenhagen (DK)
16:50-17:10	Discussion
17:10-17:20	Closing remarks and prizes
17:30	Walk to restaurant
18:00-20:15	Networking dinner. Madklubben Østerbro Østerbrogade 79, 2100 CPH Ø Phone: +45 38414173

Organising Committee
Scientific Programme

Asger Bach Lund, Associate Professor, Center for Clinical Metabolic Research, Herlev and Gentofte Hospital (DK)

Esben Søndergaard, Associate Professor, Steno Diabetes Center Aarhus, Aarhus University Hospital (DK)

Jonatan Ising Bagger, Chief Physician and Senior Researcher, Steno Diabetes Center Copenhagen and University of Copenhagen, (DK)

Lærke Smidt Gasbjerg, Assistant Professor, University of Copenhagen (DK)

Morten Svarer Hansen, PhD Student, Odense University Hospital (DK)

Nikolaj Rittig, Clinical Researcher, Steno Diabetes Center Aarhus, Aarhus University (DK)