



Programme

Herbert Fleisch Workshop 2026

14 – 16 September 2026

Frederiksdal Sinatur Hotel,
Frederiksdalsvej 360,
2800 Kongens Lyngby

Session overview



Day 1

Session I
Session II
Session III
Poster session I
Session IV

Monday 14 September

Experts Talk 1: Obesity, Diabetes and Bone Health
Career Reflection Session 1: - Grant opportunities -
Experts Talk 2: Big Data in Musculoskeletal Research
Peer Presentations – Scientific Focus
Reflection Session – Collective Starting Point

Day 2

Session V
Session VI
Session VII
Session VIII
Poster session II
Session IX

Tuesday 15 September

Experts Talk 3: Visualising Bone Cells in Action
Career Reflection Session 2: - Career development -
Experts Talk 4: Adipose Tissue - a Critical Regulator in Osteoarthritis
Experts Talk 5: Future Direction for Osteoporosis Management
Peer Presentations – Outreach Focus
Reflection Session – Critical Recalibration

Day 3

Session X
Session XI

Wednesday 16 September

Translational Workshop
Reflection Session – From Reflection to Action

Programme

Monday 14 September

11:00-12:00 Arrival and mounting of posters
Light Bites will be served

12:00-13:00 Welcome and Meet & Greet

Introduction: Future Challenges in Musculoskeletal Research

Session I Experts Talk 1: Obesity, Diabetes, and Bone Health

Chair: Professor Moustapha Kassem, Department of Endocrinology, Odense University Hospital (DK)

13:00-13:20 **Effects of Incretin agonist treatments such as glucagon Like Peptide-1 receptor agonists (GLP-1Ra) on bone health**

Professor **Julien Paccou**, Department of Rheumatology, Lille University Hospital (FR)

13:20-13:30 Challenging the Speaker

13:30-13:45 Discussion

13:45-14:00 Short Break

Session II Career Reflection Session 1: - Grant opportunities -

Chair: Associate Professor **Alexander Rauch**, Department of Clinical Research, University of Southern Denmark (DK)

14:00-14:20 **Career Talk 1: How to Obtain an ERC Grant**

Senior Lecturer **Stefaan Verbruggen**, School of Engineering and Material Science, Queen Mary University of London (UK)

14:20-14:45 Open Forum on Grants in Groups

14:45-15:15 Coffee Break

Session III Experts Talk 2: Big Data in Musculoskeletal Research

Chair: Associate Professor **Alexander Rauch**, Department of Clinical Research, University of Southern Denmark (DK)

15:15-15:35 Using large-scale omics to assess bone health

Professor **Claes Ohlsson**, Institute of Medicine, University of Gothenburg (SE)

15:35-15:45 Challenging the Speaker

15:45-16:00 Discussion

16:00-16:15 Short Break & Preparation for Poster Session

Poster Session I Peer Presentations 1 – Scientific Focus

16:15-18:00 Guided Poster Tours - Small Groups with Elevator Pitches

18:00-18:15 Short Break

Session IV Reflection Session about Musculoskeletal Research 1 – Collective Starting Point

18:15-19:00 Current Perspectives, Assumptions, and Perceived Challenges
- Definition of Our Collective Starting Point

19:00-19:30 Free Time and Check-in at Hotel

19:30-21:00 Dinner

Programme

Tuesday 15 September

07:30-08:30 Breakfast

08:30-08:45 Welcome Back

Session V Experts Talk 3: Visualising Bone Cells in Action

Chair: Professor **Moustapha Kassem**, Department of Endocrinology, Odense University Hospital (DK)

08:45-09:05 **Visualising Bone Cells in Action**

Associate Professor **Michelle McDonald**, School of Medical Sciences, University of Sydney (AU)

09:05-09:15 Challenging the Speaker

09:15-09:30 Discussion

Session VI Career Reflection Session 2: - Career development -

09:30-11:00 Open Forum on Career Development (Group Activity)

- Interaction and Exchange of Experiences between Speakers/Organisers and Participants

11:00-11:30 Coffee Break

Session VII Experts Talk 4: Adipose Tissue - a Critical Regulator in Osteoarthritis

Chair: Senior Lecturer **Jeroen Geurts**, Lausanne University Hospital (CH)

11:30-11:50 **The Role of Adipocytes in Osteoarthritis**

Assistant Professor **Kelsey Collins**, Department of Orthopaedic Surgery, University of San Francisco (US)

11:50-12:00 Challenging the Speaker

12:00-12:15 Discussion

12:15-13:15 Networking Lunch

13:15-14:45 Networking with Group Activity

Session VIII Experts Talk 5: Future Direction for Osteoporosis Management

Chair: Associate Professor **Liesbeth Winter**, Department of Internal Medicine, Leiden University Medical Centre (NL)

14:45-15:05 **Future of osteoporosis therapy: focus on sequential treatments and upcoming agents**

Senior Consultant **Elena Tsourdi**, Dresden University of Technology (DE)

15:05-15:15 Challenging the Speaker

15:15-15:30 Discussion

15:30-16:00 Coffee Break and Welcoming of Visitors
- Public and Patient Societies

Poster Session II Peer Presentations 2 – Outreach Focus

16:00-18:00 Poster Session with Public and Patient Societies

Community Poster Prize
Academic Poster Prize



18:00-18:15 Short Break

**Session IX Reflection Session about Musculoskeletal Research 2 –
Critical Recalibration**

18:15-19:15 Critical Examination: New Ideas, Identification of Blind-Spots
and Emerging Signals
- Recalibration of Our Understanding of the Field

19:15-21:00 Dinner

Programme

Wednesday 16 September

07:30-08:30 Breakfast and check-out of room

Session X Translational Workshop

08:30-08:35 Introduction to the Workshop by Organisers

08:35-09:30 Group Work – Design of a Future Research Project

- Participants with Mixed Backgrounds Draft a Research Project

09:30-09:50 Coffee Break

09:50-10:50 Project Presentation

- Presentation of Research Project and Discussion by Peers, Organisers, and Speakers

Session XI Reflection Session about Musculoskeletal Research 3 – From Reflection to Action

10:50-11:50 Translation: Insights into Direction

- Definition of Priorities
- Identification of How We can Actively Shape the Future of Musculoskeletal Research

11:50-12:00 Farewell and Lunch Bag To-Go

Organising Committee Scientific Programme

Alexander Rauch, Associate Professor, University of Southern Denmark, (DK)

Bente Langdahl, Professor, Aarhus University Hospital, (DK)

Jeroen Geurts, Senior Lecturer, Principal Investigator, Lausanne University Hospital, (CH)

Liesbeth Winter, Associate Professor, Leiden University Medical Centre, (NL)

Moustapha Kassem, Professor, Odense University Hospital, (DK)

Acknowledgement to **Katharina Jähn-Rickert**, Senior Lecturer, Medical Centre Hamburg-Eppendorf, (DE)

Partners & Sponsors

