Danish Diabetes and Endocrine Academy

DDEA Postdoc Summit: Science to the People

5 - 8 October 2026

Skarrildhus Sinatur Hotel & Conference
Søndre Ommevej 4
DK-6933 Kibæk

Session overview

Day 1	**Monday 5 October**
	Arrival
Session I	Nutrition: precision health and citizen science
Challenge I	Postdoc Summit Challenge 2026
Posters I	Poster pitches & presentations: PP (even numbers)
Day 2	**Tuesday 6 October**
Session II	Cardiometabolic disease: Emerging mechanisms and translation
Challenge II	Postdoc Summit Challenge 2026
Posters II	Poster pitches & presentations: PP (odd numbers)
Day 3	**Wednesday 7 October**
Session III	The Metabolic Brain: energy homeostasis and weight regulation
Challenge III	Postdoc Summit Challenge 2026
Keynote	Closing keynote talk
Day 4	**Thursday 8 October**
Challenge IV	Postdoc Summit Challenge 2026 Finale
	Farewell & departure

Programme
Monday 5 October

08:30-08:45	Latest arrival at Vejle railway station
08:45-08:55	Boarding DDEA bus
08:55-09:00	DDEA bus departure from Vejle railway station
09:50	DDEA bus arrival at Skarrildhus
10:00-10:30	Registration, snacks & poster mounting
10:30-10:45	**Opening words** Managing Director **Tore Christiansen**, DDEA (DK), Education and Networking Coordinator **Manon Coolen**, DDEA (DK) and Chairs of the Postdoc Summit organising committee: Postdocs **Laura Hinte**, Roche Institute of Human Biology (CH) and **Thilo Chillon**, Odense University Hospital (DK)
Session I	**Nutrition: Precision Health and Citizen Science** Chairs: Postdocs **Jessica Preston**, University of Copenhagen and **Sarah Sentis**, Heidelberg University (DE)
10:45-11:15	Changing the food environment to support healthier eating Professor **Jean Adams**, University of Cambridge (UK)
11:15-11:30	Questions & answers
11:30-12:00	Coffee and tea break Meet & Greet
12:00-12:30	Unifying causal inference methods with omics technologies to write new chapters in precision remission

	Associate Professor **Daniel Ibsen**, Steno Diabetes Center Aarhus (DK)
12:30-12:45	Questions & answers
12:45-13:00	Session reflection & summary
13:00-13:45	Lunch
Challenge I	**The Postdoc Summit Challenge 2026**
13:45-14:15	Associate Professor **Tibor Varga**, University of Copenhagen (DK)
14:15-14:30	Questions & answers
14:30-15:00	Coffee and tea break
15:00-16:00	Hotel check-in and free time
Challenge I cont.	**The Postdoc Summit Challenge 2026**
16:00-16:30	Introduction to the Postdoc Summit Challenge 2026 Challenge Working Group
Posters I	**Poster Session**
16:30-17:00	Poster pitch I: Even poster numbers Chairs: TBD
17:00-19:00	Posters & drinks I: Even poster numbers
19:00-20:30	Dinner
20:30-	Game night (informal, optional)

Programme
Tuesday 6 October

07:00-08:45	Breakfast & morning exercise (optional)
08:45-09:00	Welcome back Education & Networking Coordinator **Manon Coolen**, DDEA (DK)
Session II	**Cardiometabolic disease: Emerging mechanisms and translation** Chairs: Postdoc **Aylwin Ming Wee Lim**, University of Copenhagen (DK) and Senior Scientist **Ioannis Evangelakos**, Gubra (DK)
09:00-09:30	Fat, inflamed, but super hot: Adipocytes Professor **Alexander Bartelt**, The Technical University of Munich (DE)
09:30-09:45	Questions & answers
09:45-10:15	Cardiovascular Immunometabolism: Mechanisms and Emerging Therapeutic Opportunities Professor **Daniel Ketelhuth**, University of Southern Denmark (DK)
10:15-10:30	Questions & answers
10:30-11:00	Tea & coffee break
11:00-11:30	Human intestinal organoids to study enteroendocrine cell biology Group Lead **Joep Beumer**, Pharma Research and Early Development, Roche (CH)
11:30-11:45	Questions & answers
11:45-12:10	Session reflection & summary
12:10-13:00	Lunch in the challenge groups

Challenge II	**The Postdoc Summit Challenge 2026**
13:00-14:55	Challenge work time
14:55-15:05	Group photo
15:05-17:00	Free time & voluntary networking activities
Posters II	**Poster Session**
17:00-17:30	Poster pitches II: Odd poster numbers Chairs:
17:30-19:00	Posters & drinks II: Odd poster numbers
19:00-20:30	Dinner
20:30-	Networking: Pub Quiz (informal, optional)

Programme
Wednesday 7 October

07:00-08:45	Breakfast & morning exercise (optional)
08:45-09:00	Welcome back Managing Director **Tore Christiansen**, DDEA (DK)
Session III	**The Metabolic Brain: Energy Homeostasis and Weight Regulation** Chairs: Postdocs **Ana Tavanez**, University of Southern Denmark (DK) and **Sarah Sentis**, Heidelberg University (DE)
09:00-09:30	Defining the spatio-cellular architecture of the hypothalamus and hindbrain across species Group Leader **Lukas Steuernagel**, Max Planck Institute for Metabolism Research (DE)
09:30-09:45	Questions & answers
09:45-10:15	Early nutritional and metabolic impacts across the lifespan Group Leader **Rachel Lippert**, German Institute of Human Nutrition Potsdam-Rehbruecke (DE)
10:15-10:30	Questions & answers
10:30-11:00	Tea & coffee break
11:00-11:30	A transcriptional landscape of LepR neuron elasticity across dietary, hormonal, and pharmacological perturbations Professor **Paul Pfluger**, Helmholtz Center Munich (DE)
11:30-11:45	Questions & answers
11:45-12:10	Session reflection & summary

12:10-13:00	Lunch
Challenge III	**The Postdoc Summit Challenge 2026**
13:00-15:00	Challenge work, including coffee & tea break
15:00-15:15	Break to change clothes
15:15-17:15	Group activities Team activities with CoastZone Pumpkin carving
17:15-18:00	Free time
Keynote I	**Keynote talk & pre-dinner drinks** Chair: Postdoc **Alice Williamson**, Berlin Institute of Health at Charité (DE)
18:00-18:30	Pre-dinner drinks
18:30-19:15	Epigenetic drivers and biomarkers in type 2 diabetes Professor **Charlotte Ling**, Lund University (SE)
19:15-19:30	Questions & answers
19:30-	Gala dinner

Programme
Thursday 8 October

07:00-10:00	Breakfast and hotel check-out
Challenge IV	**The Postdoc Summit Challenge 2026** Chairs: Challenge Working Groups
10:00-12:30	Challenge finale, timing to be detailed later
12:30-13:15	Lunch
13:15-13:45	Challenge finale cont.
13:45-14:00	Challenge conclusion
14:00-14:15	Closing remarks Managing Director **Tore Christiansen**, DDEA (DK), Education and Networking Coordinator **Manon Coolen**, DDEA (DK) and Chairs of the Postdoc Summit organising committee: Postdocs **Laura Hinte**, Roche Institute of Human Biology (CH) and **Thilo Chillon**, Odense University Hospital (DK)
14:15	Snack bag to go & bus loading
14:45	Bus departs to Vejle Station

Organising Committee
Scientific Programme

Alice Williamson, Postdoc, Berlin Institute of Health at Charité (DE)

Ana Tavanez, Postdoc, University of Southern Denmark (DK)

Aylwin Ming Wee Lim, Postdoc, University of Copenhagen (DK)

Ioannis Evangelakos, Senior Scientist, Gubra (DK)

Jessica Preston, Postdoc, University of Copenhagen (DK)

Laura Hinte, Postdoc, Roche Institute of Human Biology (CH) (Co-chair)

Sarah Sentis, Postdoc, Heidelberg University (DE)

Thilo Chillon, Postdoc, Odense University Hospital (DK) (Co-chair)

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