Cardiometabolic Networking Summit 2026

Date: 18-21 March 2026
Venue: Comwell Kellers Park, H.O. Wildenskovsvej 28, 7080 Børkop

PROGRAMME

Wednesday, 18 March

13:30		Shuttle bus from Fredericia Station
14:00		Shuttle bus from Fredericia Station arrives

Cardiometabolic Summit Masterclasses for Early Career Researchers

Day 1: Foundations and Critical Appraisal Chairs: TBC			
14:15	-	14:30	**Welcome - Meet 'n' Greet**
14:30	-	15:15	**Introduction to Cardiometabolic Research** TBD
15:15	-	15:30	Q&A
15:30	-	15:50	Coffee & Cake
15:50	-	16:50	**Landmark Trials in Cardiometabolic Research** Florian Bruns, MD, University Hospital Essen (DE)
16:50	-	17:00	Break
17:00	-	19:10	**Group Exercise: Critical Appraisal of Diversity and Gender Representation**
19:15	-	20:15	Dinner
20:15	-	20:45	**Next day Pre-Session Preparation**

Thursday, 19 March

Day 2: Study Design Principles and Ethical Considerations Chairs: TBC			
	-	08:30	Morning exercise (optional), breakfast
08:30	-	09:15	**Clinical Trial Design for Real-World Translation** Morten Schmidt, MD, PhD, Aarhus University (DK)
09:15	-	09:25	Break
09:25	-	10:10	**Animal Study Design - Ethics, Diversity, and Translatability** TBC
10:10	-	10:30	Break
10:30	-	10:55	**Publishing Perspectives - What Editors Look For** Editor from Nature Cardiovascular Research TBC
10:55	-	11:20	**Hidden Agendas in Research** TBC
11:20	-	11:50	Debate
11:50	-	12:05	Wrap up
12:05	-	13:00	Lunch
12:50			Shuttle bus from Fredericia Station arrives (departs from Fredericia Station at 12:20)

Summit Programme

Thursday, 19 March

13:00	-	13:15	**Welcome** Thomas Jespersen, Professor and Executive Managing Director , Danish Cardiovascular Academy
13:15	-	13:45	**OPENING LECTURE: Genetics in Cardiometabolic Disease** Torben Hansen, Professor, Center for Basic Metabolic Research, University of Copenhagen (DK)
Session 1			**Session Topic: Fetal programming of cardiometabolic disease** Chairs: Boye Jensen & Ulla Kampmann Opstrup
13:45	-	14:05	**TBA** Line Hjort, Postdoc, Center for Basic Metabolic Research, University of Copenhagen (DK)
14:05	-	14:25	**TBA** Per Glud Ovesen, Professor, Department of Clinical Medicine, Aarhus University (DK)
14:25	-	14:35	**Student talk (6 min talk + 3 min Q&A)**
14:35	-	15:05	**Group work: Reflections on the opening lecture and the first three talks followed by a panel debate**
15:05	-	15:20	Short break - coffee and a snack
15:20	-	16:35	**Chaired poster session**
Session 2			**Session Topic: Genetics of cardiometabolic disease** Chairs: Mette Nyegaard & Morten Böttcher
16:35	-	16:55	**DANICAD - overview and basis for genetic analysis of coronary artery disease** Morten Böttcher, Professor, Department of Clinical Medicine, Aarhus University (DK)
16:55	-	17:00	Q&A
17:00	-	17:20	**DANICAD - PRS Sex differences in prediction of cardiometabolic disease** Peter Loof Møller, title, affiliation
17:20	-	17:25	Q&A
17:25	-	17:35	**Student talk (6 min talk + 3 min Q&A)**
17:35	-	17:45	**Student talk (6 min talk + 3 min Q&A)**
17:45	-	18:10	Networking Activity
18:10	-	18:25	Break
			Keynote talk I Chair: Michael Overgaard
18:25	-	19:05	**TBA** Keynote talk by Grant Montgomery, Professor, Institute for Molecular Bioscience, University of Queensland (AU)
19:05	-	19:15	Q&A
19:15	-	19:25	Short break
19:25	-	20:25	Dinner
21:00	-	22:00	Bonfire with hot chocolate
22:00	-		Games in the bar

Friday, 20 March

	-	08:30	Morning exercise (optional), breakfast
08:30	-	08:35	Good morning & welcome back
Session 3			**Session Topic: Early CVD Prevention in Obesity** Chairs: Esben Søndergaard & Christine Rode Schwarz
08:35		08:55	**TBA** TBC
08:55		09:00	Q&A
09:00		09:20	**TBA** Jens Meldgaard Bruun, Clinical Professor, Steno Diabetes Center Aarhus (DK)
09:20		09:25	Q&A
09:25	-	09:35	**Student talk (6 min talk + 3 min Q&A)**
09:35	-	09:50	Coffee
Session 4			**Session Topic: Sex hormones and CM disease** Chairs: NN & NN
09:50	-	10:10	**UPDATE: Status on menopause - socio economics - research** TBC
10:10	-	10:15	Q&A
10:15	-	10:35	**TBC** TBC
10:35	-	10:40	Q&A
10:40	-	12:00	**Walk and talk**
12:00	-	13:00	Lunch
Session 5			**Session Topic: Atherosclerosis - a life-long perspective** Chairs: Kristian Funch & Lars Melholt Rasmussen
13:00	-	13:20	**TBA** Henning Bundgaard, Professor,
13:20	-	13:25	Q&A
13:25	-	13:45	**Smooth muscle cells in progressing and regressing atherosclerosis** Jacob Fog Bentzon, Professor, Department of Clinical Medicine, Aarhus University
13:45	-	13:50	Q&A
13:50	-	14:00	**Student talk (6 min talk + 3 min Q&A)**
14:00	-	14:10	**Student talk (6 min talk + 3 min Q&A)**
14:10	-	14:55	**Flash talks by science ambassadors (early career researchers) in the garden** (5x3 min) - with hot chocolate & cake Chair: Gunnar Gislason, Professor, Research Director, Danish Heart Foundation
Session 6			**Session Topic: Stem cells and other cellular organoids** Chairs: Abbas Ali Qayyum & Jonathan Melka
14:55	-	15:15	**TBA** Julia Krause, Senior Research Scientist, Novo Nordisk A/S (DK)
15:15	-	15:20	Q&A
15:20	-	15:40	**Why drug metabolism matters: 3D primary human hepatocytes as a translational tool to understand variability in drug metabolism** Tore B. Stage, Professor,University of Southern Denmark (DK)
15:40	-	15:45	Q&A
15:45	-	15:55	**Student talk (6 min talk + 3 min Q&A)**
15:55	-	17:10	**Chaired poster session**
17:10	-	17:20	Short break
			Keynote talk II Chair: NN
17:20	-	17:50	**TBA** Keynote talk by Elisabeth Stener-Victorin, Professor, Karolinska Institutet (SE)
17:50	-	17:55	Q&A
17:55	-	18:02	**"Bi-kupa" around each table focusing on the key questions**
18:02	-	18:15	Each table give an elevator pitch of their solution, methods, design, clinical - preclinical etc.
18:15	-	18:45	Break
18:45	-	20:15	Dinner
20:15	-	21:00	Social activity: Stomp4Fun workshop

Saturday, 21 March

	-	08:45	Morning exercise (optional), breakfast
08:45	-	08:50	Good morning & welcome back
Session 7			**Session Topic: Cardiometabolic Facts or Myths** Chairs: NN & Thomas Jespersen
08:50	-	09:05	**Does Metabolically Healthy Obesity Really Exist?** (Live audience polls during the talk) Andreas Andersen, Postdoc, Steno Diabetes Center Copenhagen
09:05	-	09:20	**Fish Oil: Facts, Fiction and EPA** (Live audience polls during the talk) Christian Bork, Associate Professor, Aalborg University Hospital
09:20	-	09:35	**From Observations to Outcomes: Epidemiological Perspectives on Sweetened and Non-Caloric Beverages** (Live audience polls during the talk) Sigrid Bjerge Gribsholt, Clinical Researcher, Steno Diabetes Center Aarhus (DK)
09:35	-	09:50	**Potassium Supplements and Cardiorenal Health: Breakthrough or Hype?** (Live audience polls during the talk) Ewout Hoorn, Professor, Erasmus MC, University Medical Center Rotterdam (NL)
09:50	-	10:10	**Open Plenary Debate on Facts and Myths** Speakers are in a panel asking questions to the audience - discussions in groups and in plenary
10:10	-	10:30	Coffee
Session 8			**Session Topic: Preventive Medicine** Chairs: Casper Homilius & Michael Mæng
10:30	-	10:40	**TBA** Michael Mæng
10:40	-	10:50	**TBA** Martin Bødtker Mortensen, Associate Professor, Department of Cardiology, Aarhus University Hospital (DK)
10:50	-	11:00	**TBA** TBC
11:00	-	11:20	Debate
11:20	-	11:35	Short break
			Keynote talk III Chair: TBD
11:35	-	12:15	**Obesity through a genetic lens: dissecting mechanisms and translating insights** Keynote talk by Ruth Loos, Professor, Center for Basic Metabolic Research, University of Copenhagen (DK)
12:15	-	12:25	Q&A - one question from each table/group
12:25	-	13:25	Wrap up and awarding session - followed by lunch
13:50			Bus departure (Shuttle bus to Fredericia Station)