



Danish Diabetes and
Endocrine Academy

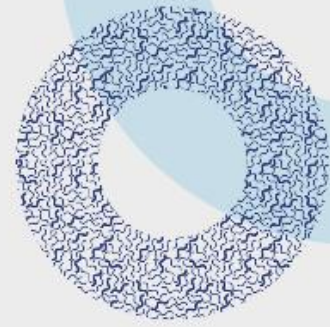
Addison's Disease – Pump Treatment, Morbidity, and Psychosocial aspects

November 13, 2024

Danish Architecture Center,
Copenhagen

Bryghusgade 10, 1473 København

Session overview



Day 1

Session I

Session II

Session III

Wednesday 13 November

Addison's Disease and Treatment

Psychosocial Aspects of Addison's Disease

Long Term Aspects of Addison's Disease

Programme

Wednesday 13 November

09:00-10:00 Breakfast & registration

10:00-10:10 Welcome

Professor **Claus H Gravholt**, Aarhus University Hospital (DK)

Session I Addison's Disease and Treatment

Chair: TBD

10:10-10:40 Addison's Disease – definition, epidemiology and treatment

Professor **Claus H Gravholt**, Aarhus University Hospital (DK)

10:40-10:45 Questions & answers

10:45-11:05 Living with a pump

Anders Brandeborg, (DK), living with Addison's Disease and Type 1 Diabetes

11:05-11:10 Questions & answers

11:10-11:30 Coffee break

11:30-12:05 Pulsatile Subcutaneous Hydrocortisone Replacement in Primary Adrenal Insufficiency

Professor **Eystein Husebye**, University of Bergen (NO)

12:05-12:10 Questions & answers

12:10-12:30 The Danish experience with Pulsatile Subcutaneous Hydrocortisone Replacement

Consultant in Endocrinology, Kirstine Stochholm, Aarhus University Hospital (DK)

12:30-12:35 Questions & answers

12:35-13:00 Plenary Discussion: Summary of the First Session

13:00-14:00 Lunch

Session II Psychosocial Aspects of Addison's Disease

Chair: TBD

14:00-14:35 Addison's Disease and socio-economic conditions – the Norwegian experience

Professor **Eystein Husebye**, University of Bergen (NO)

14:35-14:40 Questions & answers

14:40-15:00 Addison's Disease within the ENDO-ERN¹ – patient experiences

Chair **Jette Kristensen**, Addison Association (DK)

15:00-15:05 Questions & answers

15:05-15:25 Adrenal function and quality of life among patients after prednisolone cessation

PhD-Student, MD, **Simon Bøggild Hansen** Aarhus University Hospital (DK)

15:25 -15:30 Questions and answers

15:30-15:50 Coffee break

Session III Long Term Aspects of Addison's Disease

Chair: TBD

15:50-16:20 Morbidity and mortality among patients with Addison's Disease

Consultant in Endocrinology, MD, PhD **Dimitrios Chantzichristos**, Sahlgrenska University Hospital (SE)

¹ European Reference Network Rare Endocrine Conditions

16:20-16:25 Questions & answers

16:25-16:55 Plenary Discussion with a panel of speakers: What research is needed to move forward in the treatment and care of people with Addison's Disease?

16:55-17:15 Wrap-up and farewell sandwich

Organising Committee Scientific Programme

Professor Claus H Gravholt, Aarhus University Hospital (DK)

**Matilde Kyst Behrens, Board of Directors, The Addison Association,
member of the DDEA Advisory User Panel (DK)**

Independent consultant, Professor Ingrid Willaing (DK)